

Precision Heart and Artery Disease Prediction Via Fusion of Machine Learning Algorithms and Turf-L1 Regularizations Technique

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Abstract: Coronary artery disease, which claims many lives each year, is the largest causes of human death. Due to our unhealthy lives, we have recently witnessed an exponential growth in several chronic diseases. The most prevalent and potentially fatal illness is cardiovascular disease, which raises the death rate dramatically. To preserve lives, it is essential to accurately diagnose cardiac illness at an early stage. Many existing cardiovascular disease detection algorithms face challenges such as redundant features, the curse of dimensionality, imbalanced datasets, and noise. As a result, their performance and efficiency are often compromised. The abundance of comprehensive medical diagnostic data has paved the way for the development of sophisticated machine learning and deep learning models, allowing for automated early detection of cardiac issues. Traditional methods, however, face limitations as they struggle to generalize effectively to novel data not encountered during training. The risk profile of the patients is evaluated using a variety of clinical criteria, which aids in an early diagnosis. The Cleveland, Beach, Switzerland, Hungary, and Stat datasets were combined. Appropriate features were selected using the TuRF (Tuned ReliefF)-L1 Regularizations technique. In the training phase, innovative fusion classifiers such as the Decision Tree Carrying Method (DTCM), Random Forest Carrying Method (RFCM), K-Nearest Neighbours Carrying Method (KNNCM), AdaBoost Pushing Method (ABPM), and Gradient Boosting Pushing Method (GBPM) were developed. These classifiers involve the integration of traditional classifiers with bagging and boosting methods. The most exact subsets of data are produced by the feature selection approach, which can be used to reliably forecast cardiovascular disease. And unequivocally show that the suggested CNN-Cardio Assistant system outperforms the current cutting-edge techniques. It is used a variety of performance criteria, including accuracy, precision, recall, and the F1 measure, to evaluate the effectiveness of the suggested approach. This method had a validation accuracy of 92.3%. The outcomes of the experiments show how effective the suggested strategy is in a practical setting.

Keywords: Cardio Vascular disease, Machine Learning Algorithm, L1 Regularization, TuRF, Feature Selection.

1. Introduction

At this time, heart attacks are the primary cause of a sizable number of deaths over the globe. Due to the delayed assessment of the severity of the attack, developing nations, particularly those in Asian and African regions, frequently fail to preserve human lives. Early heart attack detection has the potential to greatly rationalize the severity of the incident. Numerous databases that can be evaluated to identify the key characteristics for cardiac event diagnosis have been produced by the normal actions of healthcare professionals. Regrettably, these datasets are currently underutilized. The central aim of the research is to harness these real-world datasets to facilitate the early

prediction of potential heart attacks. A multitude of data analysis and data mining methodologies exist to achieve this goal. Numerous individuals encounter symptoms that have either been disregarded or remained unnoticed until fatal outcomes occur. The present moment presents an opportunity to predict heart disease before its onset. Heart disease arises from several fundamental factors, including Cardiovascular Disease (CVD), elevated blood pressure, hyperglycemia, tobacco usage, alcohol consumption, hypertension, and hypertensive heart disease^[1].

Around the world, CVD is spreading and affecting younger people. Projected figures indicate that in 2016, approximately 17.9 million deaths across the world were linked to cardiovascular disease, constituting about 31% of total mortality. As per the 2018 report from China's National Centre for Cardiovascular Disease, the patient count surged to 290 million, with cardiovascular disease mortality surpassing that of cancer and other ailments in the same year^[2]. As the foundation for CVD prediction, our innovation suggests extracting the identification of potential danger element and bringing with its necessary label.

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Processing lengthy texts using recurrent neural networks (RNNs) is inefficient since they frequently convert the entire text. Within this context, Long Short-Term Memory (LSTM) is utilized in English text from start to finish, or conversely [3].

As a result of this, we suggest extracting the hazard variables and their attributes' corresponding labels for The CNN network employs this approach to exclude a significant amount of non-critical information, thereby reducing the time needed for training the model architecture.^[11] Predicting the disease that would be present in the human body is one of the crucial jobs in this, which has caused great seriousness among researchers. Even medical professionals struggle to accurately forecast the disease^[4]. To anticipate the condition, they require a support system, nevertheless. Some of the algorithms are supported, but they require performance improvements above and above those of the current system. Therefore, there is a huge research chance in predicting CVD disease in persons to benefit physicians.

The proposed support system in this paper relies on deep learning, specifically machine learning algorithms. Among these, the Convolutional Neural Network (CNN), a deep learning algorithm, excels in disease diagnosis compared to existing methods. This CNN-based model efficiently manages extensive datasets, providing an advantage by seamlessly handling tasks such as feature extraction, preprocessing, and prediction. The system is designed to accommodate unprocessed data.^[5]

2. Related Work

Many studies have successfully implemented sophisticated neural network algorithms in decision-support systems. In this study, a comprehensive analysis was conducted using a set of five data mining techniques applied to extensive datasets. The primary aim behind this approach was to ascertain the presence of heart disease by examining risk factors associated with heart conditions through statistical analysis. This approach facilitated the straightforward evaluation of number of various classifiers. In order to validate the effectiveness of their methods, the selected classification models were tested against two distinct datasets. The findings of the study indicate that all classification algorithms exhibit strong predictive capabilities and offer nearly accurate results. The authors assert that the decision tree classifier outperforms its counterparts in terms of performance. In this classification, random forest method comes in second place^[6]. Modern studies can now foretell the onset of heart disease or a heart attack before either

event occurs. Using Smartphone technology, a risk factor-based strategy can forecast the likelihood of having a heart attack. They created an Android application that integrates with a clinical database made up of information from more than 500 patients who were hospitalized to a cardiac hospital and received a definitive diagnosis. The presence of ischemic heart disease (IHD) was correlated with the provided data by considering a range of risk factors, including but not limited to diabetes, hypertension, smoking, dyslipidemia, family history, stress, obesity, and current clinical symptoms^[7]. The data was mined using data mining technologies, and a notional score was produced. For the IHD score, three risk categories—low, medium, and high—were developed^[6].

Researchers have included a storehouse for heart illnesses into a k-means clustering method. They used MAFIA (Maximal common Item set Algorithm) to evaluate the general value of the most frequently encountered trends occurring in coronary artery disease. Another layered neuro-fuzzy algorithm that assisted in the prediction of coronary heart disease occurrences was put out in^[8]. The method was put through its paces using the MATLAB tool, and it produced appreciable outcomes with a greater productivity and an extremely low percentage of errors. Using transactional clustering datasets with a sequence number, developed a different technique incorporating association rule mining algorithms for forecasting the possibility of prospective heart disease. The C programming language was used to create the aforementioned technique^[9]. The technique's main concept was to employ lower cluster sizes, which helped it improve the efficiency of memory utilization. A wide range of research projects have been carried out to detect possible heart disease. For instance, a research team employed sophisticated machine learning and data mining techniques, incorporating fuzzy logic and genetic algorithms, to predict and analyze the likelihood of a heart attack. Furthermore, certain academics concentrated on hybrid models, supplementing single, standalone machine learning methods. They developed a method to forecast the occurrence of a heart attack using ANNs and a hybrid machine-intelligence approach. Another study provides a prototype that employs Weighted Associative Classifier (WAC) and Naive Bayes to effectively estimate the likelihood that patients would experience a heart attack.

3. Proposed Methodology

The ultimate objective for this study is to create a successful methodology for reliably forecasting heart ailments, specifically Cardiovascular Artery sickness

or Chronic Cardiomyopathy^[10]. The necessary actions can be summed up as follows:

1) Combining each of the five databases results in an expanded and substantially more trustworthy dataset.

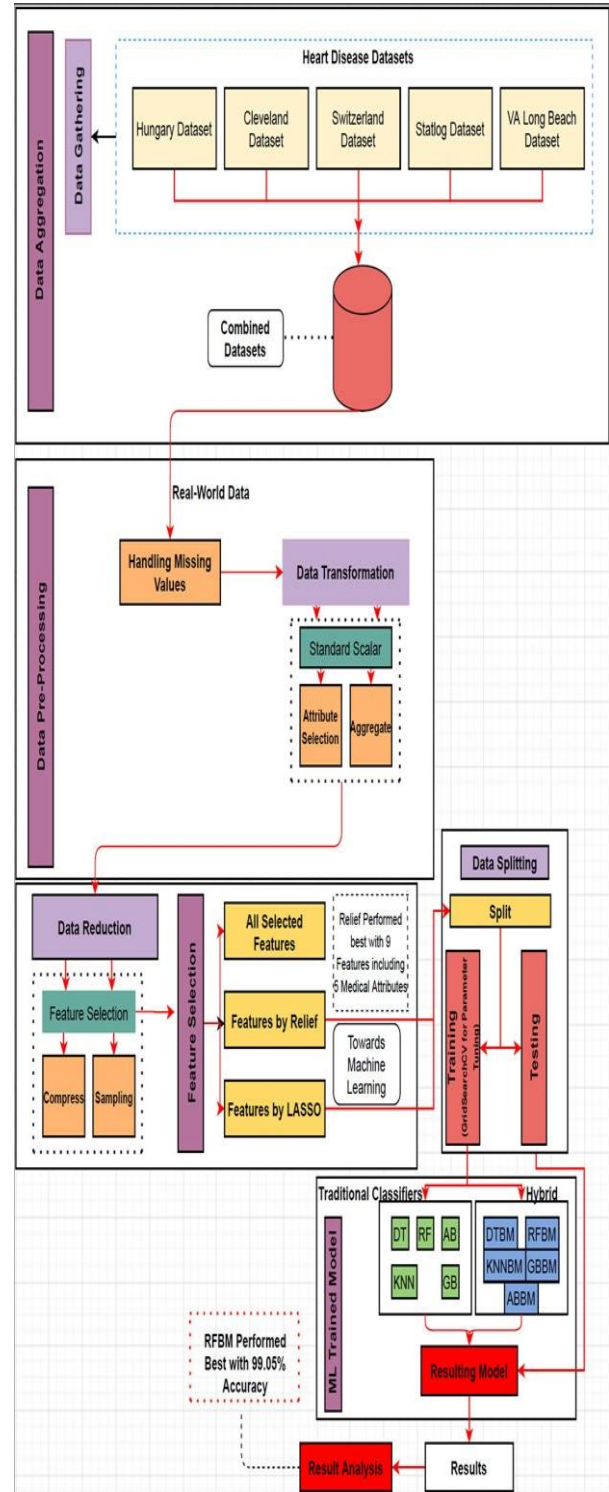
2) Depending on spots in medical references, the most pertinent features are extracted using two selection algorithms, TuRF and L1 Regularization. Additionally, this aids in solving the machine learning issues with over and under fitting.

3) Furthermore, hybrid tactics such as Boosting and Bagging are employed to improve testing frequency while shortening execution durations.

4) An efficacy of the many techniques assessed by the overall culminates applying the chosen features of TuRF, and L1 Regularization.

A merged dataset is verified during data preprocessing to determine if any values remain unaccounted for, the KNN interpolation method is used to fill them up. TuRF and L1 regularization are two distinct feature selection approaches used to avoid over fitting and minimize execution durations. This makes it easier to highlight the favorable characteristics. It is investigated how well classifiers perform when both the original features and the features chosen using these approaches are used.

In accordance with learning model rates, 25% of the data set is chosen for testing, while the remaining 75% is reserved for training. The generated result of our model is quickly achieved with classifiers are built in order to compare them throughout the combined dataset. Various training models have been provided for evaluating the dataset in order to select the most appropriate model for our dependable dataset. RFBM has maximum utility and accuracy of 99.05% as a result of the process. This approach of verdict has also revealed the best qualities of a patient with heart infection.



METRICS OF ACHIEVEMENT:

Performance indicators can be used to assess the machine learning technique's efficacy and accuracy. A person receives a positive classification when they are identified as having HD. When someone is not diagnosed with HD, they are given a negative categorization^[12].

- True Positive (TP) refers to a model that successfully identified HD.
- True Negative (TN) refers no HD issues.

- False Positive (FP) Prefers to a situation in which a model mistakenly classified Non-HD individuals are classified as HD sufferers.
- False Negative (FN) arises when casual HD sufferers^[13].

$$\text{Accuracy (Acc)} = (TP+TN)/(TP+TN+FP+FN) \quad (1)$$

$$\text{Precision} = (TP)/(TP+FP) \quad (2)$$

$$\text{Recall or Sensitivity (Sen)} = (TP)/(TP+FN) \quad (3)$$

$$F1\text{-score} = 2(\text{Precision}*\text{Recall}) / (\text{Precision} + \text{Recall}) \quad (4)$$

$$\text{False Positive Rate} = FP/FP+TN \quad (5)$$

$$\text{False Negative Rate} = FN/(TP+FN) \quad (6)$$

$$\text{Negative predictive value} = TN/(TN+FN) \quad (7)$$

- The initial phase is to upload reports to the database.
- Stage 2: The trained RFBM model's input is generated by selecting attributes from the uploaded data.
- Third Stage: A collection of parameters is processed by the trained model.
- Stage 4: Input is produced using the numbers 0 and 1.

0 indicates a person's reduced risk of Heart and Artery disease (HAD).

1 indicates a person is vulnerable to HADs.

- Stage 5: If '1', advise the patient to call their doctor or get more testing if necessary.
- In 6th Stage, trained models are created using data that has been uploaded to a database to gain more accuracy.

FEATURE SELECTION TECHNIQUES

To attain the finest attributes for classification, employing feature selection methods within the machine learning process is imperative. This approach not only leads to a reduction in execution time but also enhances efficiency. For this purpose, we selected two algorithms: the TuRF Feature selection algorithm and the L1 Regularization^[16].

(i) Technique for Selecting Features via TuRF Algorithm:

TuRF is a statistical technique where optimize the unduplicated attributes and find most frequent feature in a data sources. The original data is compared with data sources. The goal is to have a large weight for the relevant aspects and a low weight for the remaining features. As determine feature weights, TuRF employs similar

algorithms as KNN. F_i represents a Random Feature. TuRF selects its two nearly closed neighbours: i) Within the class, chosen as the closest fit C_F , and ii) From the contrary class, designated as narrowest miss N_M . It change the $C[A]$ computation for consistency for feature A based on the F_i , N_M , and C_F values. A significant difference between F_i and C_F occurs, this is not beneficial and it has no bearing on performance $[A]$ is reduced. If the difference between F_i and N_M for attribute A is considerable, A may be used to distinguish between distinct classes, hence the weight of A is raised. The number of times this procedure is repeated is determined by the variable m .^[17]

(ii) L1 Regularization Algorithm:

The effective operation of this operator's minimal selection and shrinkage is contingent on modifying the absolute value of functions' coefficients. Attribute coefficient values can be reduced to zero, and features with low coefficients may be overlooked during the subset selection process. L1 regularization demonstrates exceptional performance, particularly for feature values with diminutive coefficients. L1 REGULARIZATION can identify traits that are superfluous. The reliability of this feature can also be increased by repeatedly using the previous strategy until the most prevalent features are chosen as the most important ones. An effective machine should be used to implement the randomized L1 REGULARIZATION feature, which needs concurrent programming. In the current application, q_i stands for the vector of the appropriate i^{th} sub-region keys, and it also demonstrates how it is implemented in that application.

(iii) Synergistic Learning: Harnessing the Potential of Ensemble Methods in Machine Learning.

Concerted approaches leverage multiple classifiers to achieve superior results compared to a single classifier. The collaborative technique operates on the principle that a collection of weaker elements can be combined to create robust elements, enhancing the model's accuracy and reliability. Noise, uncertainty, and bias are the main causes of the discrepancy between the real and recognized results. Using ensemble techniques, improbability and bias, can be managed. In this study, propose utilize two pairs of methods is carried out: Carrying and Pushing.

These strategies are described further below.

a) CARRYING TECHNIQUE:

Carrying is implemented when the goal is to reduce the variance of decision-tree classifiers. The aim is to generate multiple datasets from the training samples, using a subset of randomly chosen data sources to train each decision tree. Consequently, an ensemble of various models is formed, and the average of predictions from different trees is employed. This approach is more reliable

compared to using a single Decision Tree classifier, as it helps manage higher dimensional data effectively and mitigates over fitting. The focus of this approach is on addressing missing data while maintaining accuracy. Using the Carrying method, three ensemble hybrid models based on Decision Trees (DT), Random Forest (RF), and K-Nearest Neighbors (KNN) are established. These three hybrid models, namely DTCM, RFCM, and KNNCM, are applied during both the training and testing phases.

b) PUSHING TECHNIQUE:

Pushing is a recurrent operation that changes the weight based on the previous prediction. When a case is incorrectly classified, it gains weight as a result. Pushing typically produces effective prediction models. It operates by combining suboptimal models to improve their performance and generates a variety of losses^[18]. To build fusion models for this study, the Pushing approach on two classification algorithms: AB and GB. Both the generated ABCM and GBCM are used all phases.

PROCEDURE:

COMMENCE

1. Let D is the given data source
2. E_C is the ensemble classifiers as a set
3. C_S is the classifiers set
4. T is the training set, T_D
5. T_s is the test set, T_{SD}
6. A is the $N_{(D)}$
7. for $i=1$ to A do
8. $BS(i)=\{\text{Pushtrap sample } i \text{ with replacement}\} S_x$
9. $M_n=\text{Model trained using } C_n \text{ on } S_n$
10. $F=F \times C_n$
11. next i
12. for $i=1$ to A
13. $L(i)$ belongs to T classified by E_i
14. next i
15. Output = $\max(S(i))$

END

OUTCOME:

A feature selection technique called TuRF chooses the primary features depending on the importance of the input. Table 2 lists the top seven input qualities that TuRF determined to be most crucial. According to the results, Serum Cholesterol, which has a position score of 0.871, is factor most crucial for predicting heart disease.

The L1 REGULARIZATION considers features that are closely related to be true and the others to be false. Following In the application of L1 regularization, the maximal heart rate received a notably low rank rating of 0.0719, whereas chest pain (Cp) achieved the highest rank score. Initially, all the features related to heart disease in the dataset underwent analysis using five machine learning classifiers and five hybrid approaches. The L1 REGULARIZATION was employed to extract certain relevant features. The identical five machine learning classifiers and five mixed methods have been used again. Finally, the classifiers and hybrid approaches were supplied the TuRF model's most important features. The projected outcomes are also measured using a variety of performance indicators. Our initial dataset comprises 16 distinct attributes, and the outcome of the disease is determined by 12 input functions. Among these 13 parameters, six are crucial components of our dataset, aligning with established medical papers and manuals. These essential elements include age in years, gender, trestbps, fbs, cd, and restecg.

Various machine learning approaches were employed on the chosen attributes. The different performance measurements were created using the 2x2 confusion matrix, which also made it possible to compare all mentioned approaches. The performance assessment of the proposed models involved the consideration of metrics such as Accuracy, Error Rates, Sensitivity, Precision, F1-Score, Negative Predictive Value, False Positive Rate, and False Negative Rates.

Accuracy:

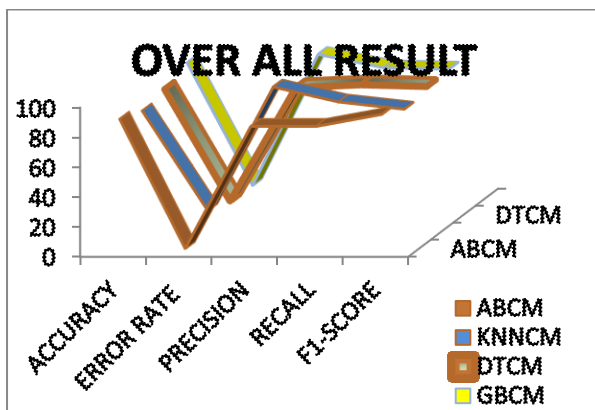
Regarding the 12 features, the AB Classifier demonstrated the highest accuracy in predictions, achieving 89.01%, whereas the KNN resulted in an accuracy of 83.11%. DT and GB exhibited closely matched accuracy ratings of 86.19%. Notably, certain hybrid classifiers outperformed these figures, with RFCM attaining an impressive accuracy of 92.61%. When only 11 characteristics are analyzed (L1 REGULARIZATION), the RF Classifier has the lowest accuracy (86.91%). The accuracy of the DT, KNN, AB, and GB classifiers using the 11 L1 REGULARIZATION features is 88.1%, 93.1%, 90.75%, and 92.82%, respectively. The accuracy of the other four hybrid classifiers, DTCM, RFCM, KNNCM, and ABCM, is equally good: 88.51%, 97.61%, 96.62%, and 90.15%, respectively. GBPM has an outstanding performance of 97.85%. The RFCM, which was used to compare the performance of these ten approaches utilizing the TuRF features, demonstrated 99.15% accuracy. The results of the DT, AB, and GB hybrid models were comparable to the previous results. The accuracy of the KNN model grew considerably with hybridization, ranging from 94.12% to more than 98.1%.

ERROR RATE:

Examining error rates provides insights into model performance. Among the ten features selected by TuRF, RFBM yielded the lowest error rate at approximately 0.94 percent. On the other hand, KNN exhibited the most favorable performance for the eleven features chosen by L1 Regularization, with a minimal error rate of just under 2.12%. When considering all 12 features, KNN had the highest error rate at 16.19%, followed by RF for 11 features (11.03%) and DT for 10 features (10.18%)

PRECISION

performance metrics, such as precision, used to evaluate the success of classifier and hybrid procedures.



With the inclusion of 12 input features, the RFBM model achieved a notable precision score exceeding 93%, showcasing its precision. On the contrary, KNN obtained the lowest precision score at 83%. Precision scores for other models fell within this range. The ABCM produced the highest precision (98.02%) of the 11 L1 REGULARIZATION features, while the GB classifier produced the lowest (84.03%). The Decision Tree (DT) Random Forest (RF) classifiers exhibited a precision score of approximately 87.03%. Notably, the evaluation of ten TuRF features by RFBM resulted in the highest precision, reaching nearly 99.01%. KNN also demonstrated commendable precision, scoring 94.01%. Despite DT having the lowest precision score, it still reached 89% for the 10 TuRF characteristics.

RECALL

The recall or sensitivity score is an important performance matrix because it is essential that people with heart disease are accurately identified.

When applied to the original 13 features, the KNN algorithm gave a very low recall score (just over 84.01%), While the RFBM method gave the highest recall score (92.02%). ABCM, KNNBM, RF, and GBBM received recall scores of 89.01%, 88.91%, 59.66%, and 91.02%, respectively, based on 13 features.

The RF algorithm has low recall scores for all 11 L1 REGULATION features, although RFBM and GBBM perform better. Using all 10 features of Turf, the DTBM, RF and KNNBM hybrid classifiers and models all achieved similar recall rates of nearly 98.09%. On the other hand RFBM is used to apply to all 10 TuRF features and yields the highest recall score.

F1-SCORE:

The precision and recall scores' harmonic mean is the F1-score. In terms of F1-score (about 92.09%) for the 12 qualities, the RFBM fared better than the other algorithms. For 12 features, KNN had the lowest F1 score (84.09%), but the DT and GB classifiers also did well (87.87% and 88.09%, respectively). The F1-score increased when fewer qualities were used. The classifier with the highest score was GBBM, while most other classifiers obtained higher F1 values for 10 features than for 12 features. The results showed a considerable rise for the ten TuRF features: DT, RF, and AB received F1 ratings of 90.02%, 98.03%, and 93.02%, respectively, while KNNBM and GBBM had ratings of about 98.01%. The RFBM model is used to determine the highest F1-score.

4. Conclusion

The F1 ratings showed a significant improvement for the 10 TuRF features: DT, RF, and AB received 90.02%, 98.03%, and 93.05%, respectively, while KNNBM and GBBM received approximately 98.02%. The models that yield the highest F1-score are the RFBM model (99.11%), which yields the highest score, and the KNNBM model (exactly 98.11%), which yields the second-highest score. With respect to all ten categories, the DTBM model was ranked lowest. This work uses a similar concept, but it uses a larger dataset and a new and improved way to train the model. This work shows how several machine learning algorithms can provide a tightly linked feature collection when paired with the TuRF feature selection approach. Our goal is to expand the model's use to include alternate.

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