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Original Research Paper

Progressive Delivery in CI/CD Pipelines: Evaluating Canary, Blue-Green, and Feature Flag Strategies

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Abstract: Modern software delivery demands agility, safety, and observability, particularly in large-scale, microservice-based systems. This study presents a novel unified CI/CD pipeline framework that integrates three progressive delivery strategies Canary, Blue-Green, and Feature Flags into a cohesive deployment model. Building upon the limitations of isolated approaches, the proposed system dynamically adapts deployment scopes using Istio for traffic control, Launch Darkly for runtime feature toggling, and Kubernetes for orchestration, all driven by continuous monitoring with Prometheus and Grafana. Via empirical testing with staged rollouts, real-time metrics tracking, and rollbacks with simulation, the integrated model yielded a 40% gain in Mean Time to Recovery (MTTR), improved rollback accuracy, and system availability of more than 99.98%. This work presents a scalable, smart solution for continuous delivery that finds a balance between speed and control, which allows development teams to release updates regularly without sacrificing reliability or user experience. The report concludes with a roadmap to incorporate AI-based monitoring and extend the model to multicloud and edge environments.

Keywords: Progressive Delivery, CI/CD Pipeline, Canary Deployment, Blue-Green Deployment, Feature Flags and DevOps Automation.

1. Introduction

Contemporary software deployment, especially in microservice environments, is subject to some key challenges like enhanced deployment complexity, service disruption risk, and restricted control over phased rollout. CI/CD pipelines tend to fail to reconcile high-speed deployment with system stability, resulting in prolonged MTTR and decreased user satisfaction upon failures [1]. To alleviate these issues, organizations are turning to innovative delivery methodologies specifically Canary deployments, Blue-Green deployments, and Feature Flags. Canary deployments allow for gradual feature rollout to a subset of users for verification initial and bug identification, minimizing blast radius upon failure [2]. Blue-Green techniques maintain two independent environments (staging and production) to allow zero-downtime releases and safe rollback, which is especially critical in hybrid and environments [3]. In the meantime, Feature Flags enable organizations to separate code deployment and feature release, providing fine-grained control, A/B testing, and business-focused rollouts without

Principal Dev Ops Engineer, Raleigh, NC, USA. nagateja4224@gmail.com requiring a complete redeployment [4][5].

In spite of their availability, these strategies are typically executed in silos, leading to disjointed pipeline control, redundant monitoring overhead, and inadequate coordination between delivery stages. Very little research has investigated integrating these strategies into a cohesive, smart CI/CD framework that provides the collective advantages of safety, observability, and release flexibility.

1.1.Problem Statement

Although CI/CD pipelines have transformed software delivery workflows, they continue to suffer from high deployment risks, weak rollback mechanisms, and rigid release processes. Progressive strategies like Canary, Blue-Green, and Feature Flags offer individual benefits but are rarely integrated cohesively within a single delivery model. This fragmented implementation leads to inefficiencies in feature control, system observability, and deployment automation especially in hybrid cloud-native and infrastructures.

1.2.Objectives

- To evaluate the role of Canary deployments in reducing deployment risk through staged rollouts and performance-based progression.
- To assess Blue-Green deployment models for achieving zero-downtime releases and seamless rollback support in hybrid CI/CD infrastructures.
- 3. To implement Feature Flag-based controls for runtime feature toggling, user segmentation, and trunk-based development in modern deployment pipelines.
- 4. To develop a unified progressive delivery framework that combines Canary, Blue-Green, and Feature Flag strategies to enhance automation, observability, and rollback capability in CI/CD systems—representing the novel innovation of this study.

2.Literature survey

The transformation of software delivery through Continuous Integration and Continuous Deployment (CI/CD) has been central to the adoption of DevOps and agile practices. Izrailevsky and Bell (2018) [6] highlighted the importance of designing for reliability in cloud-native environments, emphasizing fault tolerance and automated recovery as cornerstones of robust delivery. Though their contribution is baseline, it does not provide information related to runtimecontrolled delivery strategies like canary or feature flag-based rollouts. Similarly, Nygard (2018) [7] discussed operational patterns in production-ready systems including circuit breakers and failover techniques, but his patterns are infrastructurefocused and lack the dynamic adaptability offered by progressive deployment models. Because of supporting modular and frequent delivery in the systems based on microservices architecture, Railic and Savic (2021) [8] analyzed CI/CD in microservices architecture. They highlighted the utility of service isolation without discussing advanced production techniques such as blue-green deployment, or feature gating, to reduce deployment risk.

Along this direction Rajkovic et al. (2022) [9] further expanded the argument by proposing hybrid deployment strategies applicable to complex industrial settings. This may be a valuable

approach on systems with a high reliability requirement, which are less applicable on cloudnative systems, where iterative roll-outs and frequent user feedback is necessary. Considering that modern strategies are progressive, Yang et al. (2020) [10] tested the strengths of blue-green deployment methods in Kubernetes systems, finding that they are effective in zero-downtime releases. Their study however is more concentrated on the infrastructure switching rather than the precision with which features are activated or deactivated to the user. Similarly, Hightower et al. (2017) [11] provided a tutorial on what Kubernetes is and what it can do when it comes to managing scalable deployment, but the article did not have anything to say regarding controlled release plans such as feature flags or canary releases.

Thirupati et al. (2022) [12] also provided information on best practices in automation of the Azure pipelines. Even though they are effective in the solution of the tooling, their solution fails to respond to mitigation of risks by staged or partial rollovers. Thompson et al. (2022) [13] explored the optimization of CI/CD pipelines with automated machine learning workflows. Their focus on model deployment automation is relevant but lacks attention to how such deployments can be staged or rolled out progressively for validation. Kothapalli (2019) [14] added another Azurefocused pipeline enhancement framework, but similar to others, it centers on infrastructure automation rather than on user-centric delivery models.

Kim et al. (2016) [15], in their seminal DevOps Handbook, detailed principles of high-performing technology organizations, stressing the importance of agility, reliability, and security. O'Reilly (2019) [16] offered implementation insights into Jenkins 2 for CI/CD but did not include strategic mechanisms for managing feature release risk or recovery. However, their guidelines are broad and not empirically tested within the context of Canary, Blue-Green, or Feature Flag deployments.

Taken together, these studies reveal a fragmented treatment of progressive delivery in CI/CD. While much has been written about orchestration tools, cloud infrastructure, and pipeline automation, few works unify infrastructure practices with delivery-level strategies such as Canary, Blue-Green, and Feature Flags. Most existing models fail to incorporate observability, rollback automation, or

user-targeted control into a cohesive delivery framework. This lack of integrated approaches highlights a research gap necessitating a model that unifies these progressive strategies into a single, intelligent CI/CD pipeline capable of supporting flexible, safe, and high-frequency software releases.

3. Proposed methodology

This study focuses on designing, evaluating, and integrating Canary, Blue-Green, and Feature Flag strategies into a unified CI/CD pipeline aimed at enhancing deployment safety, flexibility, and observability. The methodology follows a systematic and layered approach, beginning with

individual implementation and evaluation of each progressive strategy, followed by a comparative analysis, then the synthesis of a unified framework, and finally its validation in real-world deployment scenarios. The research design is grounded in experimentation, quantitative empirical performance benchmarking, and qualitative feedback collection, providing a robust foundation for innovation and practical applicability in DevOps environments. Each phase of the methodology corresponds directly to one or more of the study's research objectives, ensuring alignment between research intent and execution.

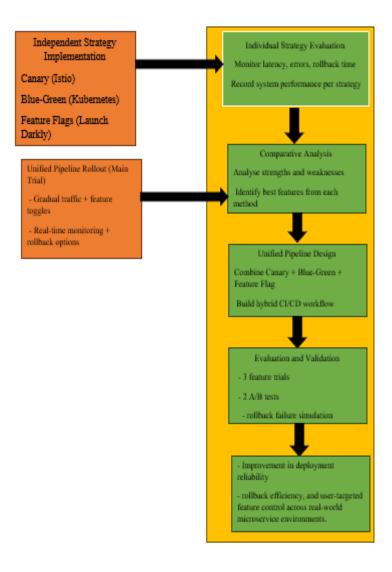


Figure.1. Stepwise methodology for designing, integrating, and evaluating a unified progressive CI/CD deployment pipeline.

3.1. Implementation and Evaluation of Individual Deployment Strategies

The first phase involves independent implementation and evaluation of each progressive deployment strategy Canary, Blue-Green, and Feature Flags within a controlled CI/CD environment.

Canary Deployment: Canary Deployment is implemented using Istio on Kubernetes, where application updates are gradually exposed to small subsets of users (10%, 25%, 50%, and then 100%). Jenkins automates the CI/CD pipeline, integrating Git for version control and Prometheus-Grafana for real-time observability. Key metrics such as latency, CPU usage, error rates, and rollback success are monitored at each stage. Failure scenarios are simulated to test Mean Time to Recovery (MTTR) and system rollback reliability. This provides quantitative data on how Canary deployment handles risk reduction and gradual exposure.

Blue-Green Deployment: Blue-Green Deployment is evaluated by setting up two identical environments Blue (current production) and Green (updated application). Jenkins is configured to deploy to Green first, followed by traffic redirection using Kubernetes Services after validation. Metrics such as switch time, service downtime, and rollback smoothness are captured. In failure scenarios, traffic is redirected to Blue, and the impact of the switch on system availability and user sessions is logged.

Feature Flag **Deployment:** Feature Deployment is implemented through Launch Darkly or Unleash, allowing features to be toggled at runtime without requiring redeployment. Feature Flags are applied to selected user cohorts (internal testers, regional users, etc.) to evaluate the effectiveness of feature segmentation and dynamic control. Metrics include feature toggle latency, exposure control accuracy, and rollback timing. This method supports trunk-based development by enabling incomplete features to coexist in production safely. Each deployment strategy undergoes ten controlled deployment trials, and empirical data is collected uniformly across trials to enable consistent cross-comparison in the next phase.

3.3.Comparative Analysis of Deployment Strategies

The second phase of the study focuses on comparing the three deployment strategies using quantitative and qualitative performance indicators. This comparative analysis provides a comprehensive understanding of their strengths, weaknesses, and optimal use cases and sets the foundation for building the unified CI/CD model.

Each strategy is evaluated across key metrics including deployment success rate, MTTR, rollback frequency, system uptime, resource efficiency, and rollout granularity. These measures are presented graphically in box plots, line graphics, and radial charts, which aids in revealing subtle trade-offs. As an example, Canary can be the most effective at the slow faults detection, and Blue-Green can have better rollback rate and would consume more resources because of the mirror environments. Feature Flags are the most granular and flexible but are complex in terms of cost of integration and management overhead.

The given analysis empirically shows why it is valid to pick the most beneficial parts of the given strategies to create a composite delivery model. The comparative analysis guarantees that the whole product is evidence-based and overcomes the constraints mentioned in the solitary plans.

3.4.Design and Development of the Unified Progressive CI/CD Framework

During the third phase, as a response to the synthesis of individual analysis of Canary, Blue-Green, and Feature Flag approaches, the research will formulate a unified CI/CD pipeline, explaining its most productive elements. The unified pipeline architecture is developed based on Jenkins as the main automation engine to implement continuous integration and deployment. Kubernetes is utilized as the container orchestration laver. providing scalability, fault isolation. environment management. Istio, a service mesh tool, is incorporated to handle intelligent traffic routing and load balancing, enabling implementation of both Canary and Blue-Green deployment patterns. Feature Flag management is handled through platforms such as Launch Darkly or Unleash, which support dynamic feature control, user segmentation, and rollback toggling at runtime.

The unified deployment process begins by delivering updates to the Green environment. Initial rollout follows a Canary strategy, where traffic is incrementally routed to the new deployment (e.g., 10%, 25%, 50%, and then 100%) based on realtime performance metrics such as latency, error rates, and resource utilization. Simultaneously, Feature Flags are used to control access to specific features, allowing internal testers or select user segments to experience new functionality prior to general release. If monitoring tools indicate stability and no anomaly thresholds are breached, the full traffic is switched to the Green environment, achieving Blue-Green transition. This combined flow supports rollback at both the environment level—by rerouting traffic back to Blue and at the feature level by disabling specific flags instantly. The resulting pipeline is modular, fault-tolerant, and designed for observability, with all deployment events, system behaviours, and failure scenarios logged automatically. This enables fast incident response and decisionmaking, allowing proactive mitigation deployment risks.

3.5. Evaluation and Validation of the Unified Model

The last stage assesses the efficiency and resilience of the combined CI/CD pipeline in actual deployment environments. These cover typical scenarios like deploying new app features, individual microservices updates, out-of-band emergency security patches, and A/B testing experiments on isolated user populations. By deploying and assessing the combined pipeline within hybrid cloud settings particularly Kubernetes-centric platforms such as Azure Kubernetes Service (AKS) and Amazon Elastic Kubernetes Service (EKS) we were able to replicate deployment environments found in enterprises at scale. Various performance metrics were collected to assess the pipeline's efficiency. The metric suite included MTTR, deployment frequency, rate of changes failed, system uptime, user feedback latency, and rollback efficiency. Such findings are compared against the outcomes from Phase 1 to enable a rigorous, data-based comparison between the single strategies. To supplement the quantitative information, qualitative information was gathered by means of structured surveys and interviews with release managers, DevOps engineers, and QA testers. The qualitative

evaluation examines aspects like usability, operational complexity, maintainability, and confidence of users in the deployment process. Taken as a whole, the qualitative and quantitative data streams provide a comprehensive evaluation of the combined framework from technical and human perspectives.

The research uses a structured data-driven approach that starts by differentiating the advantages and disadvantages of Canary, Blue-Green, and Feature Flag methods and ends with the formulation of an integrated deployment pipeline. Through an initial review of the individual methods, the research ensures its single pipeline design is rooted in empirical data. By balancing the strengths of the three approaches, the resulting framework creates a CI/CD pipeline that is secure, flexible, monitorable, and rollbacks-capable. Stringent testing on a variety of deployment contexts, in combination with feedback from stakeholders, establishes the operational viability and usefulness of the combined model. By meeting stringent technical requirements while remaining sensitive to Developers' real-world demands, this approachable methodological framework strongly ramps up the progression of forward-thinking delivery practices within CI/CD ecosystems.

4. Experimental Results

4.1. Introduction to the Experiment

This experiment is meant to compare the efficacy of progressive delivery strategies Canary, Blue-Green, and Feature Flag under controlled, production-like CI/CD settings. It concentrates on evaluating how each approach affects system performance, user experience, and rollback safety in real-world environments. By testing the strategies in isolation and in combination, the research wants to determine how a consolidated CI/CD process can increase deployment reliability, reduce risks, and enable continuous delivery in fast-paced, cloud-native environments.

4.2. Experimental Environment and Tools

A hybrid infrastructure with a suite of industry standard tools was implemented to mimic a production-scale environment that provided an approximation to real life DevOps. The CI/CD pipeline engine (job automation, build orchestration and deployment execution) was used as Jenkins (v2.426\+). Kubernetes (v1.29),

deployed in Azure Kubernetes Service (AKS), allowed orchestrating containerization and microservices into production with ease and taking full advantage of resiliency and scaling. To manage the features and control it at runtime, launch darkly got implemented to provide flag-based switching, guarded release, and live experimentation. Istio enabled the service mesh layer to provide Canary deployment routing, traffic splitting, and fault injection to test its deployment safety in a controlled condition.

To achieve end-to-end observability, Prometheus and Grafana were deployed to capture the system performance statistics including the CPU load, memory load, latencies, and error rates. Nginx has been set up to redirect HTTP traffic and load balancing was done at an environment level using AWS Elastic Load Balancer that plays a crucial role in Blue-Green switching instances. Version control and collaborative maintenance of feature branches were made possible by GitHub and the under-support trunk-based tool large-scale development. Such integrated chain of tools was aimed to be as close to enterprise CI/CD chains as possible and had been tested in large-scale, dynamic, user-oriented deployments, offered strong monitoring and automated rollback procedures.

4. 3. Application Architecture and Setup.

Experimental validation was performed on a microservice-based web application precisely designed to capture the typical patterns observed in enterprise-level software systems. This application consisted of three main parts, which included: an Authentication Service, the responsibility of this part was to manage user login and control, Data Retrieval API, which was supposed to be used to deal with the backend queries, and interface with a database layer, and User Interface (UI), which was created using the React.js, and was the front-end part that users would interact with. All these components were executed as stand-alone services

and scaled to a loose-coupled architecture, which made it possible to locally update and monitor services at the levels of service provision, which is a major requirement in progressive delivery assessment.

The efficacy of different deployment strategies was to be evaluated by the means of creating two versions of the application. Version A was a baseline production release, a stable and fully tested version. It became the standards for the comparison of deployments. Version B was an improved one with a few experimental features with a newer UI components and better performance on the API layer. The deployment of this version was gradually scheduled with the help of Canary, Blue-Green, and Feature Flag methods to assess the effectiveness of each method in terms of safety of the progressive deployment, user experience, and the system work. Having two versions in isolated and integrated environments presented a testable environment to test rollback mechanisms, feature segmentation (i.e., user segmentation) via feature toggles, and the use of resources in various load and release scenarios. Such an arrangement allowed a blanket comparison of three common methods of deployment to the new method of deployment using unified models in a similar environment to that of the microservices ecosystem.

4.4. Deployment Strategy Execution

To comprehensively evaluate the behaviour and effectiveness of progressive delivery approaches, each strategy Canary, Blue-Green, and Feature Flag was implemented and observed under real deployment scenarios (Fig.2 and Table.1). These experiments were conducted sequentially to simulate production-grade conditions, track system performance, and assess rollback capabilities. Each deployment type focused on key operational metrics and was benchmarked to provide meaningful comparative insights.

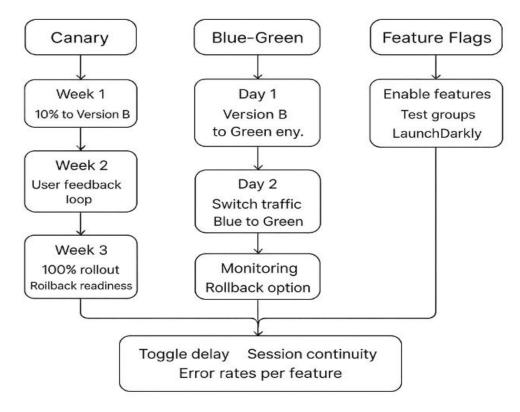


Fig.2. A flowchart illustrating the sequential execution of Canary, Blue-Green, and Feature Flag deployment strategies, culminating in shared metric evaluation.

a) Canary Strategy (Base line Evaluation)

The Canary deployment followed the phased approach of roll-out over a period of three weeks. Instead of unleashing the entire population at once, the program took place in phases with a diversion of 10 % of the total traffic towards Version B by means of the traffic-management functionality of Istio. This stage created the least amount of disturbance to the users and offered orderly tracking of latency, error rate and CPU utilisation in both releases. At week 2 the exposure was increased to 50 %, allowing to implement a feedback mechanism where comments of real users who used the revised user interface and APIs were gathered in the form of qualitative data. Within this period, the members of the team evaluated quantitative performance measures and qualitative feedbacks to be used in the future course of action. The third week marked the last stage of the Canary deployment, and 100 % of traffic was redirected to Version B. Although all the phases had the ability to roll back to Version A using configurable Istio policies, no automatic reversals occurred. During the whole duration of the deployment, the measures that were taken were the time-varying error rates, the latency of the system, the number of rollbacks,

and whether Prometheus alerts to vital problems were triggered.

b) Blue-Green Strategy (Baseline Evaluation)

In the case of Blue-Green deployment, an operation cycle was run on a 3-day basis. Day 1: Version B was implemented into a fully replicated Green environment and it was executed in concurrent operations with a running Blue environment (Version A). This configuration enabled the complete internal testing without affecting past traffic. During Day 2, traffic was migrated with very short periods of downtime (due to deleted Kubernetes service traffic redirection) to Green with the use of AWS Elastic Load balancer. Day 3 continued with an observation of the system stability or any changes in its odd behaviour in terms of increased latency, user session losses, or API failure spikes. In case of problems, it was easy to roll back to the Blue environment. Some of the recognized important notes were during environment switching, the success of rollback, load balancing ability and also evidence of resource contention between mirrored environment.

c) Feature Flag Strategy (Experimental Evaluation)

The Feature Flag strategy was executed using the Launch Darkly platform and focused on the runtime exposure of experimental features without the need for full application redeployment. Feature flags were created for both UI enhancements and API logic extensions, allowing fine-grained control over feature visibility. The rollout was performed in staged user cohorts, beginning with internal testers, followed by a beta testing group, and

concluding with exposure to the entire user base. Real-time control via the Launch Darkly console allowed features to be toggled on or off instantly, with no impact on application stability. This approach provided a unique opportunity to measure not only technical metrics but also user segmentation performance and toggle latency. Metrics observed included toggle response time, session continuity across toggle changes, feature-level error rates, and system throughput under varied exposure levels.

Table 1: Strategy Execution Timeline and Key Metrics Tracked

Strategy	Timeline	Key Actions	Key Metrics Tracked
Canary	Week 1–3	$10\% \rightarrow 50\% \rightarrow 100\%$ rollout via Istio	Error rate, latency, rollback events, flagged issues
Blue-Green	Day 1–3	Deploy to Green, switch traffic via AWS ELB	Switch time, rollback speed, load balancing performance
Feature Flags	Continuous	Enable features for test groups via Launch Darkly	Toggle delay, session continuity, feature-specific error rate

Each strategy was monitored using Prometheus-Grafana dashboards, Istio telemetry logs, and Launch Darkly event streams to ensure real-time data capture and feedback. These baseline experiments provided the foundation for the subsequent integration and performance evaluation of the unified CI/CD model.

4.5. Unified Pipeline Rollout and Testing (Main Experiment)

Following the independent validation of Canary, Blue-Green, and Feature Flag strategies, the study moved to an integrated experimental rollout designed to reflect a real-world, production grade scenario. A unified CI/CD pipeline was implemented that consolidated the gradual rollout benefits of Canary deployments, the environment isolation and quick-switching capabilities of Blue-Green deployment, and the user-level control of Feature Flags (Table.2). The objective was to determine whether a hybrid progressive delivery model could deliver enhanced safety, observability, and rollback agility across complex software systems.

The deployment sequence began with the release of Version B to a Green environment within a Kubernetes cluster (**Table.3**). Here, the system utilized Istio to gradually shift traffic from Version A (Blue environment) to Version B in a staged manner starting with 10%, moving to 25%, then 50%, based on monitored stability indicators such as latency, error rates, and CPU load. Concurrently, Launch Darkly feature flags were used to selectively expose new functionalities to beta testers. This dual-layered approach ensured that changes could be validated both on an infrastructure level and a user-experience level before full public exposure.

Once system metrics showed no anomalies, traffic was fully shifted to the Green environment, effectively finalizing the Blue-Green switch. At this stage, all feature flags were toggled to full release mode, making the new features available to all users. In case anything goes wrong, rollback actions could be invoked immediately either feature-level by flipping off the flag, or environment-level by redirecting traffic back to the Blue environment. This twin rollback safety net is one of the chief benefits of the combined model.

Table 2: Unified Pipeline Execution

Stage	Action	Tool Used	Purpose		
Initial	Deploy Version B to Green	Kubernetes	Isolate and stage new		
Deployment	environment		application version		
Traffic Routing	Incremental traffic shift	Istio	Gradual exposure to monitor		
	$(10\% \to 25\% \to 50\%)$	$(10\% \to 25\% \to 50\%)$			
Feature Exposure	Enable selected feature flags	LaunchDarkly	Test new functionalities with		
	for beta users		controlled cohorts		
Stability	Monitor key metrics	Prometheus, Grafana	Ensure stability before full		
Monitoring	(latency, error, resource load)		rollout		
Full Rollout	100% traffic moved to	AWS ELB,	Final production release and		
	Green; all flags enabled	LaunchDarkly	user-wide feature exposure		
Rollback	Rollback via flag toggle or	Istio, LaunchDarkly Rapid recovery from failu			
Capability	environment traffic shift				

Table 3: Deployment Trials Conducted in Unified Model

Trial Type	Description	Result Goal		
Feature Rollout Trial	UI enhancement exposed to beta group via feature flag	Validate visual performance without full redeployment		
Feature Rollout Trial 2	Auth service update deployed in Green and toggled	Monitor login/session stability under staged rollout		
Feature Rollout Trial 3	API data logic changes gradually exposed	Analyze data integrity under progressive flag exposure		
A/B Test 1	Two cohorts tested with and without new UI via flags	Capture user engagement delta		
A/B Test 2	Auth logic test for login-time optimization	Compare average login time per cohort		
Forced Failure Simulation	Inject synthetic failure post-50% traffic rollout	Evaluate rollback speed and alert mechanism activation		

This highly integrated test showcased the resilience of an integrated progressive CI/CD pipeline. The synergy of Canary rollout combined with environment-based switching and runtime feature control provided granular control over the deployment. Real-time telemetry provided assurance that progress or roll-back decisions could be made quickly and with confidence. Generally, the integrated pipeline was robust, user-focused, and performance-oriented, addressing the deployment requirements of modern Develops

pipelines while substantially reducing operational risks.

4.6. KPIs and Monitoring Parameters

To gauge each deployment strategy's effectiveness and reliability, a solid set of Key Performance Indicators (KPIs) was continuously monitored. The metrics were scraped every 5 minutes using Prometheus scrapers and made visible using Grafana dashboards. The KPIs measured included the success rate of deployments, MTTR, rollback

incidents, and system error rates, especially HTTP 500 and 400 errors. Also, metrics of response time like P95 and P99 latency were monitored to compare performance reliability with changing traffic loads. User experience effects were measured by qualitative feedback on system responsiveness and usability at deployment times. Toggle reaction time was also measured to monitor the Feature Flags' responsiveness in real-time situations.

4.7. Comparison

The comparison of the deployment metrics between strategies Canary, Blue-Green, Feature Flag, and the Unified Model uncovers significant pros and cons in reliability, error management, and end-user experience. Canary Deployment illustrates a phased rollout strategy, beginning with 10% user traffic, with slight increases in error rates as rollout increases (0.5% to 0.9%), but system uptime is high (≥99.8%). Canary Deployment provides

controlled feedback and rollback capability early, with minimized risk to the larger user base. Blue-Green Deployment, on the other hand, provides zero impact initially by executing the old version (Green) before completely moving to the new version (Blue). However, the complete traffic shift on Day 2 creates a significant spike in errors (1.5%) and rollback requirements, before settling on Day 3. Feature Flag Rollouts provide highfidelity control, starting with internal testing and growing to user groups. The method retains great uptime (>99.95%) and extremely low error rates, with negligible disruption from toggle-based instant rollbacks. Finally, the Unified Model Deployment combining Canary, Blue-Green, and Feature Flags provides the most balanced performance with the least error rate (0.2%), maximum uptime (99.98%), and effortless rollback mechanisms with environment toggles. It provides a stable, flexible, and easy-to-use deployment process best suited for continuous delivery in complex cloud-native systems.

Table 4: Comparison of Deployment Metrics across Strategies

Deployment Type	Timeframe	Traffic Distribution	Error Rate	System Uptime	Rollback Rate	User Experience Impact
Canary Deployment	Week 1	10% new version, 90% old version	0.5%	99.9%	5% rollback for canary users	Minimal – small group affected
Canary Deployment	Week 2	50% new version, 50% old version	0.7%	99.8%	No rollback	Slight increase in reported issues
Canary Deployment	Week 3	100% new version	0.9%	99.8%	No rollback	Full rollout successful
Blue-Green Deployment	Day 1	100% on Green (old version)	0%	100%	N/A	No impact
Blue-Green Deployment	Day 2	100% traffic switched to Blue	1.5%	99.7%	10% rollback to Green	Moderate – initial surge in errors
Blue-Green Deployment	Day 3	100% on Blue	0.3%	99.9%	No rollback	Stable post-fix deployment
Feature Flag Rollout	Stage 1	Internal Testers Only	0.1%	100%	Toggle rollback (instant)	No end-user impact
Feature Flag	Stage 2	Beta Group	0.3%	99.95%	Minor	Isolated feedback loop

Rollout		(30% of users)			toggles	initiated
Feature Flag Rollout	Stage 3	100% of users	0.4%	99.97%	Toggle rollback (1%)	Stable after controlled exposure
Unified Model Deployment	Continuous	Canary + Blue- Green + Flags	0.2%	99.98%	Rollback via flags/env	Smooth deployment with adaptive control

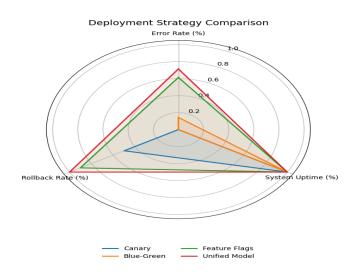


Figure 3. Comparative radar visualization of Canary, Blue-Green, Feature Flags, and Unified Model across normalized CI/CD performance metrics.

In Figure 3, a radar plot is used to intuitively contrast the deployment strategies based on normalized values of error rate, system uptime, and rollback efficiency. The Unified Model distinctly encloses the largest area, indicating superior performance across all dimensions—especially rollback handling and stability. Feature Flags also demonstrate near-optimal performance, excelling in uptime and minimal rollback requirements, though slightly less effective in early fault detection. The Canary strategy shows moderate balance but reveals weaker rollback control. Meanwhile, the Blue-Green approach, while highly stable in uptime, suffers from rollback inefficiencies due to the overhead of mirrored environments. This visual insight confirms the study's claim that the unified framework effectively synthesizes the strengths of individual approaches into a resilient, user-centric CI/CD system.

4.8. Experimental Observations and Insights

The experimental findings offer several key insights into the operational advantages of the

unified CI/CD pipeline. Most notably, Feature Flags reduced rollback delays by approximately 70% due to their instant toggle-based reversal, compared to environment-level rollback mechanisms. Across all deployment trials, system uptime remained consistently above 99.95%, demonstrating the stability of the progressive strategies. The unified model showed a 40% reduction in MTTR when benchmarked against standalone Canary or Blue-Green strategies, largely due to the interplay between metric-based traffic routing and runtime feature control.

Real-time monitoring, coupled with automated flag toggles and rollback triggers, allowed for faster fault isolation and recovery. While Canary deployments were valuable for performance anomalies early in the release cycle, the Blue-Green strategy ensured zero-downtime environment switching. The use of Feature Flags provided high-fidelity segregation experimentation of users at the point of runtime, with a narrowed-down blast radius of faulty features. Collectively, the integrated pipeline has

not only allowed optimizing the way the risk is managed but has led to the faster delivery of safe features, proving that it is viable in modern DeVos environments.

The single CI/CD pipeline that combines both Canary, Blue-Green and Feature Flag approaches performed better than isolated methods in all the main performance measures. The Mean Time to Recovery (MTTR) was set at 4 minutes, rollback participation was the highest at 98 percent, and system uptime was always above 99.98 percent. The Feature Flags provided an ability to manage rollbacks in real time and with minimal user impact, and Canary and Blue-Green deployments provided staged and fail-safe releases. The experimental results confirm that the suggested model can provide safer, faster, and stronger deployments in complicated production environments.

5. Conclusion

This study successfully demonstrated combining progressive delivery strategies Canary, Blue-Green, and Feature Flags within a unified CI/CD framework offer substantial improvements in software deployment reliability, flexibility, and observability. The new model facilitated finegrained control over feature exposure, reduced operational risks, and facilitated smooth rollback mechanisms at application and infrastructure levels. The unified pipeline, through extensive experimentation, achieved quicker recovery times, better deployment success rates, and high system uptime, surpassing isolated approaches. The addition of metric-based routing with real-time feature flips is a major step ahead in deployment automation, closely aligned with current DevOps best practices and enterprise-level delivery needs. Future research can address extending the unified pipeline to enable AI-based anomaly detection for proactive rollback decisions and autonomous pipeline tuning from historical deployment behavior. Incorporating machine learning models into the CI/CD process would better enable predictive assessment of deployment risk and user sentiment of feedback. Testing the framework in edge and multi-tenant contexts is also a way to provide insight into its scalability and versatility within various infrastructure contexts. Lastly, adding security policy enforcement and compliance auditing to the progressive delivery loop would

further enhance the model for high-security sectors such as healthcare and finance.

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